

The Gray Hawk

NEWSLETTER OF
THE UNIVERSITY OF IOWA RETIREES ASSOCIATION



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New Year, New President, New Program

Reception for UI President Bruce Harreld Kicks Off 2016

On Thursday, January 21, 2016, UIRA will host a reception for the new University of Iowa President **Bruce Harreld**. The reception will be held at the Coralville Public Library in the Schwab Auditorium from 4-5 p.m. President **Harreld** has been invited to make some brief comments, but the event is primarily an opportunity for UIRA members to meet him. Light refreshments will be served and parking is available at the Coralville Library at no cost.

Happy Holidays

Review your 2015 pictures and submit them to the UIRA Third Travel Photo Contest. Several entries already have been received in the contest open to current UIRA members.

Last year's winning photos, can be found at UIRA's "Photo Gallery:"

<https://uira.shutterfly.com/pictures> Complete contest details can be found at:

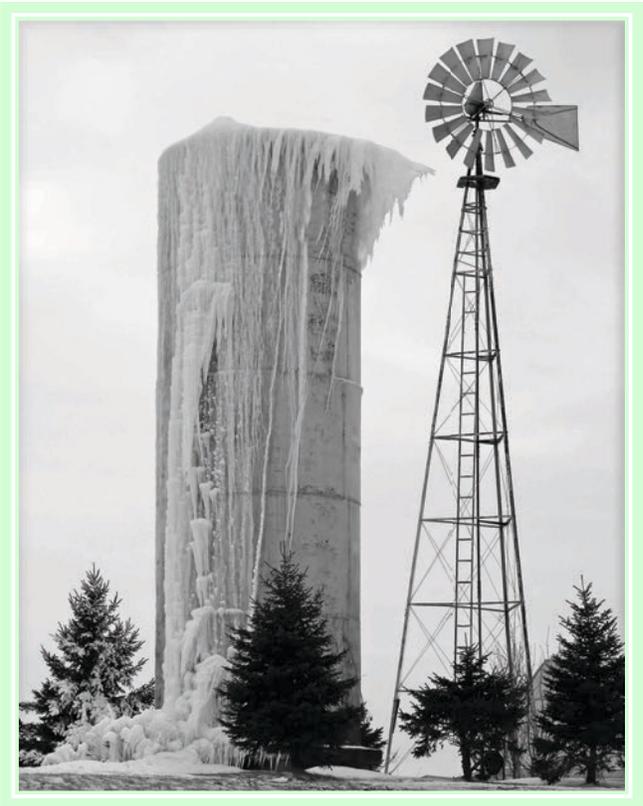
http://uira.org.uiowa.edu/files/uira.org.uiowa.edu/files/wysiwyg_uploads/travel-photo-contest.pdf

Photos should be emailed to:

uira.photo.contest@gmail.com

Amish Waterfall" (right) by **John Donelson** won Honorable Mention in the Iowa category last year.

Recognize an outstanding UIRA member with nomination for the second UIRA Service Award. (See page 2 photos of the first honorees and learn how you can participate this year.)



UIRA New Year Calendar

January 21, 2015---Thursday, 4-5 p.m. Reception for UI President Bruce Harreld, at the Coralville Library

January 31, 2016---Sunday, Third Travel Photo Contest Deadline

January 31, 2016---Sunday, Nominees for UIRA Service Awards Due

April 21, 2016---Thursday, UIRA Annual Meeting, Holiday Inn, Coralville

2016 UIRA Programs---The Virtual Soldier, UI Athletics Building Tour, Iowa Political Stock Market.

UIRA Awards Nomination Time—Much Better Than a Caucus

Recognize Outstanding Community and University Volunteers

Nominations for the second annual awards recognizing two UIRA members for outstanding volunteer service are now being accepted. One award is for contributions to the community. The other award is for contributions to the University. The process for administering the two awards—including eligibility criteria, nomination and selection—is similar, except that one focuses on community volunteer service and the other on University volunteering. Board member **Pam Willard** is chair of the ad hoc Awards Committee.

The purpose of the awards program created last year is to recognize UIRA members for their service; draw attention to contributions that retirees make; and encourage retirees to continue to offer their talents and skills in ways that benefit the community and University.



Last year's winners, Nancy Lynch—Outstanding Community Service, and Al Hood—Outstanding University Service, are pictured with the UIRA award plaques now hanging in the Iowa Memorial Union.

In addition to this recognition, a \$100 donation is made to the charity of choice of the two UIRA honorees.

Eligibility and Criteria

- * A nominee must have been retired for a period of at least two years.
- * The awards are based on outstanding service carried out since retirement. Activities prior to retirement will not be



considered.

- * Volunteer service may include a wide range of activities that make a positive impact.
- * Members of the Selection Committee are ineligible for nomination.
- * Announcement of the award recipient will be made at the UIRA annual meeting.
- * Recipients are expected to be present at the annual meeting to accept the award.

Nomination

~Any UIRA member may nominate a UIRA member, including him/herself.

~The nominating letter should be limited to one page, describing how the nominee has successfully contributed through his or her involvement in one or more activities. In addition, a one-page biography of the nominee must be submitted and include the nominee's name, address, telephone number and email address.

~A member of the selection committee will contact the nominee to obtain additional information about her/his relevant volunteer activities.

~Nominations must be submitted to the UIRA Board member **Pam Willard** by January 31, 2016: pamela-willard@uiowa.edu or **Pam Willard**, 657 Larch Lane, Iowa City, IA 52245.

The selection committee will be comprised of five UIRA members, two each from faculty and staff, as well as the UIRA president

More time for biking

Feather Lacy Leaving Post as UIRA Webmaster

Feather Lacy thrives on high tech communication and low tech transportation.



After nearly seven years as UIRA webmaster, **Lacy** is retiring. Again. Earlier, in August 2008, she had retired after 28 years at UI, first with Weeg Computing Center and then Information Technology Services (ITS). She started as a mainframe systems programmer and retired as a project leader.

She volunteered for the webmaster post at the suggestion of former UIRA president **Lee Shope** (2000-01) and Board member **Jane Jakobsen**. “They said I could do no harm,” commented **Lacy**, “and whatever I did would be an improvement.”

Today the UIRA homepage (<http://uira.org.uiowa.edu/>) is packed with information and, arguably, among the best among Big Ten retiree associations.

Now, having relinquished her UIRA duties, **Lacy** will be able to devote more time to another passion: biking. She owns three bicycles—one for touring, another for winter biking and a commuter bike, a Schwinn Collegiate bought used in 1976.

Commuting since 1980, **Lacy** estimates she bikes about 2,000 miles a year. That many miles a year over 35 years tallies up to a staggering 70,000 miles. The equatorial circumference of the earth is just under 25,000. That means **Lacy** has biked around the earth, equivalently speaking, two times and is close to making it three.

Her goal now, apart from continuing to bike, is to work with the new members of the Iowa City Council “to make the city more bike friendly.”

At its November 10 meeting, the UIRA Board expressed its “sincere thanks” to **Lacy** for her service to UIRA.

New Webmaster On Board

Phil Klein Manages UIRA’s Homepage

The new UIRA Webmaster is **Phil Klein**, a native Iowan, who attended Grinnell College before embarking on three years in South America (Chile & Colombia), then the next dozen years on the west coast (San Francisco, Seattle, Vancouver) before returning to Iowa with a PhD in Linguistics from the University of Washington. He taught Spanish Language & Linguistics at the UI for 33 years before retiring in 2010 and joining UIRA. He still teaches two distance education courses for the Dept. of Spanish & Portuguese (<http://clas.uiowa.edu/dwllc/spanish-portuguese/people/philip-w-klein>), for which he also previously served as webmaster. He is the convener of the UIRA's special interest group on International Events and World Politics, an avid chamber music fan and enjoys reading and foreign travel. His wife Amy is on the faculty of the U.I. College of Business, and his son Drew is finishing a doctorate at Stanford University in biochemical engineering.



UIRA has been contacted by Kelly Services. They are offering some opportunities for anyone who might be interested in part-time work assembling test books. The positions will all be paid job assignments that average 8 hours daily at \$11/hour. The hours would be in normal working hours and require standing and light lifting. They are looking for individuals who would be interested in accepting these projects that are typically a week long on a monthly basis. Interested candidates can contact Bree Hibbard the Senior Recruiter at 337-1841.

UIRA News Updates

Retirees Email Status

Retired faculty with emeritus status will keep their current email addresses. The following information applies to all other retirees.

Steve Fleagle, Associate VP and University Chief Information Officer, met with UIRA representatives **Beverly Robalino** and **Nancy Hauserman** on November 12. Steve said the University has decided to allow UI retired staff and faculty (who do not have emeritus status) the continued use of their UI email. Future email will use the Microsoft Office 365 platform. Use of UI email will be at no cost to retirees. Usage will be on a demand basis which means retirees must sign up for the service and agree to the University's accepted use policy. Retirees will be given a reasonable amount of time to sign up for the new plan. Steve wasn't sure if the current email address, first name-last name@uiowa.edu would be maintained or modified.

UI ITS will be ready to present the new email plan to UIRA members in the spring of 2016. UIRA intends to videotape one of the presentations and post it on the UIRA website for those who are unable to attend the presentations. Steve specifically stated retirees would be given ample time to move to the new plan.

The ITS help desk service will remain available to retirees and ITS will provide a list of help services.

UIRA is very appreciative of **Steve Fleagle's** support to maintain retirees use of UI email.

UIRA Scholarship Investigation

During the past month, the student scholarship subcommittee continued its investigation of a student endowed scholarship fund as well as a non-endowed scholarship fund. The committee met for a third time with representatives of the UI Foundation and contacted one Big Ten Retirees Association to learn about its recent endowed scholarship campaign. The subcommittee reported its findings at the November Board of Directors meeting. In an effort to assess each Board member's position regarding the initiation of a scholarship fund campaign, Board members were asked to complete a survey prior to the next Board meeting. Results of the survey will be presented at the December Board meeting.



UIRA on Facebook

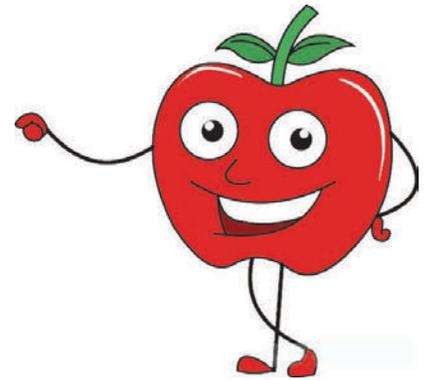
Are you an experienced Facebook user? UIRA is seeking an experienced person to set up and maintain a UIRA presence on Facebook. If you are interested and willing, please contact **Phil Klein**---phil-klein@uiowa.edu

Health Awareness

National Institutes of Health Offers Website for Older Adults

The National Institute on Aging and the National Library of Medicine which are parts of the National Institutes of Health (NIH) developed a Web site for older adults. The Web site, <http://nihseniorhealth.gov> was developed for age related health information for older adults and was tested with adults age 60 to 88 to ensure that it was easy for them to see, understand and navigate. The Web site's senior-friendly features include: dark font against a light background, large sans-serif font, ability to enlarge text and change the contrast and easy-to-click links including search results.

Health topics include general background information, open-captioned videos, quizzes and frequently asked questions (FAQs). New topics are added to the site on a regular basis. The short health videos offer up-to-date medical information tips for healthy living and stories of older adults who are coping with diseases or conditions of aging. The A-Z listing of health topics include an explanation of the topic, causes, symptoms and diagnosis, possible treatments and FAQs. A small sample of topics listed include: sleep and aging, balance problems, dry eye, dental health, end of life, and skin care. The Web site is just another resource for seniors.



No Big Changes in Health Insurance for Retirees

Retirees received health insurance updates as well as additional information October 29 at a meeting with UI Human Resources and Health Alliance officials.



No significant changes will be made in the UI insurance coverage, **Debra Hughes**, (inset left) UI's director of benefits, told about 120 retirees attending the meeting at Parkview Church, Iowa City. She said minor changes will be taking place in pharmacy benefits. Retirees will be receiving new UI Choice cards by January 1.

For more information about UI benefits: <http://hr.uiowa.edu/benefits> .

Two Medicare Advantage plan options are an alternative to UIChoice and available from Health Alliance Group Medicare Plans based in Urbana, IL. **Ericka Williams**, (inset right) director of consumer sales for Health Alliance described

each:

- * The Medicare Advantage Guide HMO Plus Rx Plan with a \$35 monthly premium.
 - * The customized Medicare Advantage PPO with benefits similar to UIChoice with a \$279 monthly premium.
- For more information about the Medicare Advantage plans: <http://www.healthalliance.org/Content/iaretiree> .

A video of the 1 hour, 20-minute presentation will be available as soon as captioning has been completed. UIRA members will be notified soon by email on how to access the video.



Welcome New UIRA Members

| | |
|-------------------------|---|
| Janice Allen | UIHC Obstetrics & Gynecology |
| Brian Allen | Spouse |
| Kay A. Barron | Information Technology Services |
| Arthur Bonfield | College of Law |
| Vicki Burgess | College of Law |
| Shirley Hall | Social Service |
| Kevin Hall | Spouse |
| Gail Herzog | UIHC Nursing |
| Linda McGuire | College of Law |
| Karen K. Moeller | UIHC |
| Susan Roeder | Internal Medicine |
| Tom Roeder | Spouse |
| Susan K. Wells | UIHC Nursing |



University of Iowa Retirees Association

Board of Directors 2015-16 (*year term on Board expires*)

| | |
|-------------------------|------------------------------------|
| Beverly Robalino | President (2017) |
| (319) 341-8135 | beverly-robalino@uiowa.edu |
| Nancy Hauserman | President-Elect (2018) |
| (319) 321-9815 | nancy-hauserman@uiowa.edu |
| Alice Atkinson | Secretary (2017) |
| Kris Canfield | Treasurer (2016) |
| Kenneth Starck | Past President (2016) |
| Jean Hood | Archivist |
| Linda Muston | <i>The Gray Hawk</i> Editor |
| Phil Klein | Webmaster |
| Michael Barron | Director (2018) |
| Dean Borg | Director (2018) |
| Richard Borchard | Director (2017) |
| Richard Johns | Director (2016) |
| Lois Lembke | Director (2016) |
| Pam Willard | Director (2017) |

The UIRA Board of Directors meets at 1 p.m. the second Tuesday of each month in the Buffet Room (#427) of the Levitt Center, September through June.

Visitors are always welcome: **2015**--December 8

2016—January 12, February 9, March 8, April 12, May 10, June 14
