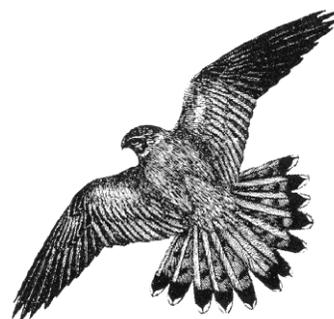


The Gray Hawk

NEWSLETTER OF
THE UNIVERSITY OF IOWA RETIREES ASSOCIATION



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Your UIRA Membership expires June 30th but why wait?

Renewal form on last page or you may pay at the June Picnic

**Hancher
Special
“Show-and-
Tell”
Retirees
Program
Wednesday,
May 14th at
1 p.m.**

They may not be moving heaven and earth, but they certainly have moved a lot of earth building the new Hancher Auditorium. Mark your calendars now for a special UIRA program on the new Hancher: Wednesday, May 14th, from 1 to 2:30 p.m. in the fourth-floor Morse Board Room in the Levitt Center for University Advancement on Park Road. Overlooking the Hancher Auditorium construction site, the venue offers an unusually vivid “show-and-tell” opportunity. At the close of the presentations, retirees will be able to go out on the balcony and get a birds-eye view of the construction.

Discussing progress on and special features of the new building will be Hancher Executive Director Charles Swanson and three officials from Mortenson Construction: Joe Troness, project manager; Lee Gatlin, superintendent, and Zack Peterson, assistant project manager. Swanson also will share preliminary information on Hancher’s 2014-2015 season.

For this particular program, carpooling is encouraged. UIRA members who have emeritus parking placards may park in the surface lot south of the Levitt Center.

Other parking options include:

Free parking at Upper City Park to the west and east (of swimming pool)

At Riverside Recital Hall where there are four public meters (cost: \$1.20 per hr.)

Public meters alongside and west of the Theatre Building near the former art museum.

Levitt Center has entrances on the east side (just across from the construction site) and on the south side (facing the campus).

Note also these bus connections: Cambus serves the parking lot just south of the Levitt Center, and the Iowa City Manville Heights bus stops at the corner of Park Road and Riverside Drive.

**Mark Your
Calendars
And Save
The Date**

Wednesday, June 4th at 6:00 p.m. UIRA’s annual picnic will take place at the Park Lodge of the Terry Trueblood Recreation Area, Iowa City’s newest park-recreation complex, south of town off South Gilbert at 579 McCollister Blvd.

**UIRA Board
of Directors
2013-14**

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**John
Donelson
Wins 2
Firsts In
UIRA Photo
Contest**

John Donelson won two first place awards in UIRA's Travel Photo Contest. His photo of "Leopard in tree, Serengeti National Park (Tanzania)" took first in the International category. His photo "A man and his hog, San Diego, CA" won first in the USA (outside Iowa) category. The leopard photo also was judged "Best of Contest." First place in the Iowa category was won by Raija Starck for "Barn near Cedar Rapids Airport #2."

Winners were announced April 24 at the Annual Business Meeting. Cash prizes went to first, second and third place winners in each of the three categories—International, USA (outside Iowa) and Iowa.

Judging the photos was a professional photographer who was given the title of each photo but not the name of the photographer. The 54 entries included 29 in the International category; 15, USA (outside Iowa) and 10, Iowa.

Here are complete results for the three categories:

- International—First: **John Donelson**; Second: **Ann Ford**; Third: **Robert Hibbs**; Honorable Mention: **Susan Murty** and **Rick Walton**.
- USA (outside Iowa)—First: **John Donelson**; Second: **Catherine Blando**; Third: **Diana Cox**; Honorable Mention: **John Donelson**.
- Iowa—First: **Raija Starck**; Second: **Feather Lacy**; Third: **Beverly Robalino**.

See a slideshow all of the winners at this link:
uira.shutterstock.com/pictures/396#396

Blue Zone Strives for Longer Life

Forty-two retirees attended a UIRA program March 26 at the Coralville Public Library focusing on improving health with what is expected to become an annual program on the Blue Zones Project, a national effort to enhance emotional, physical and social health by transforming the local environments in which people live, work and play.

“Blue Zone” refers to an area where data indicate people live longer than average. The idea is explored in a book by Dan Buettner, “The Blue Zones: Lessons for Living Longer from the People Who've Lived the Longest.”

More than a dozen organizations associated with healthier living took part, distributing information and sponsoring door prizes. The Blue Zones Project is the centerpiece of Iowa’s goal to become the healthiest state by 2016. Iowa City Blue Zones Engagement Leader Faithanne Molyneaux spoke to the group. Iowa City is the 15th Iowa community seeking certification as a Blue Zone.

Among participants in the program were the UI Iowa Wellness Center, the Iowa City/Johnson County Senior Center, Running Wild, ISU Extension, Friendship Yoga, Iowa City Cohousing, Bicyclists of Iowa City, Iowa City Parks & Recreation, New Pioneer Food Coop, Village to Village and Wellmark.

A photo report of the event can be found at uira.shutterfly.com/pictures/351

Hoover Visit Stirs Memories For the Jensens

It is doubtful that any of the more than 50 UIRA members visiting the Herbert Hoover Presidential Museum and Library April 4 saw history come alive the way Dwight and Pat Jensen did.

They were among a group sitting around a long table in the Hoover Library listening to Archivist Matt Schaefer speak about the kinds of questions he and colleagues often have to deal with. As an example, he said someone asked if Will Rogers and President Hoover ever corresponded with one another. Sure enough, Schaefer produced a file with a letter on stationery from the Hotel Martinique in New York City dated February 7, 1930. It was from Rogers and carried the salutation “My Dear Herb.”

Next Schaefer mentioned—and held up—a copy of The Daily Iowan dated August 10, 1954. On the occasion of President’s Hoover’s 80th birthday, the page 1 banner headline read “Iowa to Honor Hoover Today.” The Jensens were more than a little interested. Dwight was editor of the student newspaper at the time and wrote the lead story for the day. Pat was news editor.

Dwight later commented in an e-mail, “That was really an exciting day for us—unexpectedly so—and it brought back some great memories that we had long since filed away. . . And I didn’t even recall that I had written the lead story in that issue.”

Dwight readily recalled names of some of his top staffers at the time, including Ira Kapenstein, who went on to the Milwaukee Journal and then on to a career in Washington, and Drake Mabry, who had an outstanding career at the Des Moines Register and Tribune.

While many of those who attended the program had been to the Library-Museum before, this was an opportunity to learn more about what takes place behind the exhibits. The UIRA paid each member's \$3 senior admission fee.

A photo report of the event can be found at:
uira.shutterfly.com/pictures/360

**Searching
for Keys?
Finally,
Good News**

Cognitive decline is what the experts call it. You think you're a victim every time you have to search for your keys. But just wait a senior moment. Research at the University of Tübingen suggests a different, perhaps happier explanation in the relationship between cognitive performance and aging.

It may not be a matter of memory getting worse with age. It may just be that aging produces an ever-expanding reservoir of memories. Thus, it's logical to assume that it takes longer for an older person to extract something from that growing informational pool than, say, for a young person who, simply put, doesn't know as much as the elders.

As the headline in the New York Times summarized, "The Older Mind May Just Be a Fuller Mind." The article (by Benedict Carey, Jan. 27, 2014) draws on research reported in Topics in Cognitive Science (Vol 6:1, pp 5-44, Jan. 2014).

So, now, where are my keys?

New UIRA Members

We welcome these new members who joined since our March 2014 issue. If you have friends who are eligible but are not members, encourage them to join UIRA. And remind fellow newly-retired University of Iowa employees to fill out the membership form for their free membership year.

Ray Beemer	Recreational Services
Patricia Beemer	Student Services, Athletics
James M. Collins	Office of the State Archaeologist
Susan Collins	spouse
Sherrie A. Falkers	Nurse, UIHC
Lucille Heitman	Office of the President
Carol Lammer	Student Life
Michael Lammer	Pediatrics, UIHC

**HELP
WANTED—**

Opportunities abound to contribute to UIRA and the welfare of its members. Here are three expected openings: Gray Hawk Editor, Webmaster and Archivist. If you have the interest and the expertise—the former taking precedence over the latter—please inform Ken Starck (Kenneth-starck@uiowa.edu) or one of the UIRA Board members. Compensation is comparable to other purely voluntary positions, which means that satisfaction and goodwill can be rewarding parts of one's retirement package.

**Iowa City
Jazz Trio**

After our April 24th annual luncheon and meeting our entertainment was The Iowa City Jazz Trio. The Trio is composed of two of the University of Iowa's jazz studies graduate teaching assistants as well as a graduate of the University's music department. The group performs a variety of jazz styles and plays at various events and venues in the Iowa City area. Trio members are Jeff Miguel, Grace Leong, and Drew Morton. Contact is jeffmiguel1@gmail.com

**Addicted to
MS Word?**

Since most UI Retired Staff no longer qualify for the UI Software Discount Program, when you need to upgrade from your current version of MS Office or install MS Office on a new computer, you might want to try one of these alternatives:

“LibreOffice is free open source productivity suite for Windows, Macintosh and Linux. It includes a word processor, similar to Word, a slide presentation manager, like PowerPoint and spreadsheet software, like Excel. LibreOffice allows you to open a Word document, PowerPoint presentation or Excel spreadsheet and also save in those formats. If you are interested just search Google or Bing for “LibreOffice”.

Those of you who are always online and like cloud computing might want to visit Office Online at: office.com/start/

Office Online is also free and requires no downloads or installation; it runs from your web browser.

**Deadline for
June Gray
Hawk**

The deadline for submitting items for the June issue is Wednesday, May 21st. Please send them to E. Ann Ford by regular mail at 10 Forest Glen, Iowa City, IA 52245, or via e-mail to e-ann-ford@uiowa.edu

UNIVERSITY OF IOWA RETIREES ASSOCIATION
Membership Form
July 1, 2014 – June 30, 2015

NAME (print please) _____

ADDRESS (print please) _____

E-Mail Address (print please) _____

(For e-mail delivery of UIRA Messages and The Gray Hawk Newsletter)

For renewals: Is this a new e-mail address? Yes No

Telephone _____ Membership Type: New Renewal

If a new membership, please complete the information below:

- Retiree status (check all that apply):
Faculty Staff Spouse/Domestic Partner Associate Member
- Month and year retired _____
- Indicate the position you held _____
- UI Department or Division from which you retired _____

*******For Second Person's Membership*******

NAME (print please) _____

E-Mail Address (print please) _____

(For e-mail delivery of UIRA Messages and The Gray Hawk Newsletter)

Check here if you prefer to receive The Gray Hawk Newsletter by postal mail.

For renewals: Is this a new e-mail address? Yes No

Telephone _____ Membership Type: New Renewal

If a new membership, please complete the information below:

- Retiree status (check all that apply):
Faculty Staff Spouse/Domestic Partner Associate Member
- Month and year retired _____
- Indicate the position you held (print please) _____
- UI Department or Division from which you retired _____

OPTIONAL:

Do you have any special interests—or talents (don't be modest)—that you would like the UIRA Board to know about in planning our monthly programs? If yes, please explain here or on the back of this form. _____

This form is for both new memberships and renewals. **Dues for each registrant are \$10.** New members who join after May 1 are paid through June 30 of the following year. First-year membership is **free** for new retirees and their spouses/domestic partners. Send completed form and checks, payable to the **University of Iowa Retirees Association to Assistant to the Treasurer Katharine Bjorndal, 2510 Bluffwood Cir., Iowa City, Iowa 52245. Questions:** phone 319-338-2759 e-mail kgbjorndal@gmail.com, or visit our web site at www.uiowa.edu/~uira